

Consolidated Ground Survey Findings - HAPPYOUTH

2018/2019

	Upper Pri Age 10-12	Low Sec Age 13-14	Upp Sec Age 15-17	JC Age 17-21	ITE Age 17-21	POLY Age 17-21	Uni Above 19 above	NS 18-21
Male	122	101	132	61	1856	926	412	337
Females	147	108	183	121	1654	738	218	0
	269	209	315	182	3510	1664	630	337

Number of Youths Surveyed:  
**7116**

	YES		NO		YES		NO		YES		NO		YES		NO		YES		NO		YES		NO		YES		NO					
	Upper Primary				Lower Secondary				Upper Secondary				JC				ITE				POLY				UNIVERSITY				National Service			
Q1: I am happy in School / Community / Workplace.	176	65%	93	35%	122	58%	87	42%	122	39%	193	61%	76	42%	106	58%	1822	58%	1328	42%	822	49%	842	51%	465	74%	165	26%	178	53%	159	47%
Q2: I am comfortable to talk about my problems with my teachers	211	78%	58	22%	109	52%	100	48%	152	48%	163	52%	76	42%	98	54%	1376	44%	1774	56%	976	59%	688	41%	178	28%	452	72%	NA	NA	NA	NA
Q3: I am comfortable to talk about my problems with my peers	207	77%	62	23%	136	65%	73	35%	275	87%	40	13%	129	71%	53	29%	1876	60%	1274	40%	1255	75%	409	25%	449	71%	181	29%	187	55%	150	45%
Q4: I am comfortable to talk about my problems with my parents	242	90%	27	10%	152	73%	57	27%	137	43%	178	57%	117	64%	65	36%	876	28%	2274	72%	579	35%	1085	65%	222	35%	408	65%	56	17%	281	83%
Q5: I feel safe in school or workplace (I don't experience any form of bully)	233	87%	36	13%	131	63%	78	37%	221	70%	94	30%	146	80%	36	20%	1823	58%	1327	42%	1268	76%	396	24%	412	65%	218	35%	107	32%	230	68%
Q6: I am able to cope with my stress in school (be it examination, tests, study load)	179	67%	90	33%	121	58%	88	42%	212	67%	103	33%	122	67%	60	33%	2122	67%	1028	33%	933	56%	731	44%	442	70%	188	30%	211	63%	126	37%
Q7: I am able to have a mentor / life coach whom I can look up to and share my issues.	NA	NA	NA	NA	NA	NA	NA	NA	33	10%	282	90%	106	58%	76	42%	752	24%	2398	76%	976	59%	688	41%	377	60%	253	40%	103	31%	234	69%
Q8: I know of a friend who is in danger of taking his / her life OR someone who is undergoing stress and problems in life	NA	NA	NA	NA	NA	NA	NA	NA	198	63%	117	37%	127	70%	55	30%	1877	60%	1273	40%	974	59%	690	41%	535	85%	95	15%	267	79%	70	21%
Q9: I have considered / thought about committing suicide or ending my life	43	16%	226	84%	37	18%	172	82%	72	23%	243	77%	49	27%	133	73%	372	12%	2778	88%	188	11%	1476	89%	101	16%	529	84%	56	17%	281	83%
Q10: I have attempted suicide before	12	4%	257	96%	13	6%	196	94%	27	9%	288	91%	19	10%	163	90%	126	4%	3024	96%	119	7%	1545	93%	97	15%	533	85%	43	13%	294	87%
Q11: I have someone I can trust to share my problems	178	66%	91	34%	163	78%	46	22%	229	73%	86	27%	129	71%	53	29%	129	4%	3021	96%	1124	68%	540	32%	417	66%	213	34%	221	66%	116	34%
Q12: If I am face with a crisis, I will be able to manage on my own without help	56	21%	213	79%	77	37%	132	63%	126	40%	189	60%	107	59%	75	41%	1108	35%	2042	65%	1288	77%	376	23%	388	62%	242	38%	287	85%	50	15%
Q13: I know what stresses me	123	46%	146	54%	96	46%	113	54%	231	73%	84	27%	131	72%	51	28%	2012	64%	1138	36%	1238	74%	426	26%	478	76%	152	24%	245	73%	92	27%
Q14: I am able to help someone who is going through emotional trauma or someone who is sad or depressed in my school / community.	NA	NA	NA	NA	37	18%	172	82%	188	60%	127	40%	87	48%	95	52%	109	3%	3041	97%	766	46%	898	54%	301	48%	329	52%	137	41%	200	59%
Q15: I know what are the various channels or platforms (such as SOS, CHAT, Thinker Friend etc) if I need to refer for help.	NA	NA	NA	NA	48	23%	161	77%	122	39%	193	61%	101	55%	81	45%	753	24%	2397	76%	926	56%	738	44%	453	72%	177	28%	208	62%	129	38%
Q16: We (Singapore) have done enough for the Mental Health Sector (Awareness & Training)	NA	NA	NA	NA	76	36%	133	64%	185	59%	130	41%	79	43%	103	57%	1079	34%	2071	66%	771	46%	893	54%	301	48%	329	52%	108	32%	229	68%
Q17: I would like to be trained as a Happy Ambassador so that when the need arises, I know what to do.	NA	NA	NA	NA	176	84%	33	16%	297	94%	18	6%	119	65%	63	35%	2274	72%	876	28%	1291	78%	373	22%	442	70%	188	30%	298	88%	39	12%
Q18: When I am stressed or am feeling down, I engage myself in meaningful activities such as sports, arts, dances.	222	83%	47	17%	145	69%	64	31%	243	77%	72	23%	112	62%	70	38%	2079	66%	1071	34%	1113	67%	551	33%	465	74%	165	26%	188	56%	149	44%
Q19: I feel good about myself and am confident.	231	86%	38	14%	114	55%	95	45%	228	72%	87	28%	145	80%	37	20%	1087	35%	2063	65%	787	47%	877	53%	398	63%	232	37%	189	56%	148	44%
Q20: My Future is Worrying and uncertain.	93	35%	176	65%	108	52%	101	48%	207	66%	108	34%	114	63%	68	37%	2139	68%	1011	32%	1097	66%	567	34%	398	63%	232	37%	223	66%	114	34%

	YES		NO		YES		NO	
	Upper Primary	Lower Sec / Upper Sec	Upper Primary	Lower Sec / Upper Sec	JC/ITE/POLY/UNIVERSITY	JC/ITE/POLY/UNIVERSITY	Upper Primary	Lower Sec / Upper Sec
Q1: I am happy in School / Community / Workplace.	420	53%	373	47%	3185	57%	2441	43%
Q2: I am comfortable to talk about my problems with my teachers	472	60%	321	40%	2606	46%	3012	54%
Q3: I am comfortable to talk about my problems with my peers	618	78%	175	22%	3709	66%	1917	34%
Q4: I am comfortable to talk about my problems with my parents	531	67%	262	33%	1794	32%	3832	68%
Q5: I feel safe in school or workplace (I don't experience any form of bully)	585	74%	208	26%	3649	65%	1977	35%
Q6: I am able to cope with my stress in school (be it examination, tests, study load)	512	65%	281	35%	3619	64%	2007	36%
Q7: I am able to have a mentor / life coach whom I can look up to and share my issues	NA	NA	NA	NA	2211	39%	3415	61%
Q8: I know of a friend who is in danger of taking his / her life OR someone who is undergoing stress and problems in life	NA	NA	NA	NA	3513	62%	2113	38%
Q9: I have considered / thought about committing suicide or ending my life	152	19%	641	81%	710	13%	4916	87%
Q10: I have attempted suicide before	52	7%	741	93%	361	6%	5265	94%
Q11: I have someone I can trust to share my problems	570	72%	223	28%	1799	32%	3827	68%
Q12: If I am face with a crisis, I will be able to manage on my own without help	259	33%	534	67%	2891	51%	2735	49%
Q13: I know what stresses me	450	57%	343	43%	3859	69%	1767	31%
Q14: I am able to help someone who is going through emotional trauma or someone who is sad or depressed in my school / community:	NA	NA	NA	NA	1263	22%	4363	78%
Q15: I know what are the various channels or platforms (such as SOS, CHAT, Thinker Friend etc) if I need to refer for help.	NA	NA	NA	NA	2233	40%	3393	60%
Q16: We (Singapore) have done enough for the Mental Health Sector (Awareness & Training)	NA	NA	NA	NA	2230	40%	3396	60%
Q17: I would like to be trained as a Happy Ambassador so that when the need arises, I know what to do.	NA	NA	NA	NA	4126	73%	1500	27%
Q18: When I am stressed or am feeling down, I engage myself in meaningful activities such as sports, arts, dances.	610	77%	183	23%	3769	67%	1857	33%
Q19: I feel good about myself and am confident.	573	72%	220	28%	2417	43%	3209	57%
Q20: My Future is Worrying and uncertain.	408	51%	385	49%	3748	67%	1878	33%