

HappYouth Survey																				
From 1 July 2021 to 30 June 2022		Upper Pri		Lower Sec		Upper Sec		JC/MI		ITE		POLY		ARMY / UNI		National Average		Compared Last Survey		
		10-12 YO		13-14 YO		15 to 17 YO		17-19 YO		17-19 YO		17-19 YO		19-YO		All		All		
		YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES
Q1: I am happy in School / Community / Workplace.		332	292	273	300	220	293	147	187	313	345	189	194	112	134	1586	1745			
		53%	47%	48%	52%	43%	57%	44%	56%	48%	52%	49%	51%	46%	54%	48%	52%	46%	54%	2%
Q2: I am comfortable to talk about my problems with my teachers		255	369	167	406	142	371	132	202	287	371	167	216	178	68	1328	2003			
		41%	59%	29%	71%	28%	72%	40%	60%	44%	56%	44%	56%	72%	28%	40%	60%	41%	59%	-1%
Q3: I am comfortable to talk about my problems with my peers		345	279	382	191	373	140	197	137	403	255	221	162	156	90	2077	1254			
		55%	45%	67%	33%	73%	27%	59%	41%	61%	39%	58%	42%	63%	37%	62%	38%	60%	40%	2%
Q4: I am comfortable to talk about my problems with my parents		513	111	342	231	264	249	136	198	191	467	125	258	65	181	1636	1695			
		82%	18%	60%	40%	51%	49%	41%	59%	29%	71%	33%	67%	26%	74%	49%	51%	46%	54%	3%
Q5: I feel safe in school or workplace (I don't experience any form of bully)		422	202	313	260	348	165	221	113	341	317	254	129	178	68	2077	1254			
		68%	32%	55%	45%	68%	32%	66%	34%	52%	48%	66%	34%	72%	28%	62%	38%	61%	39%	1%
Q6: I am able to cope with my stress in school (be it examination, tests, study load)		342	282	333	240	307	206	201	133	341	317	205	178	122	124	1851	1480			
		55%	45%	58%	42%	60%	40%	60%	40%	52%	48%	54%	46%	50%	50%	56%	44%	54%	46%	2%
Q7: I am able to have a mentor / life coach whom I can look up to and share my issues.		0	0	233	340	288	225	155	179	238	419	176	207	84	162	1175	1532			
		0%	0%	41%	59%	56%	44%	46%	54%	36%	64%	46%	54%	34%	66%	43%	57%	38%	62%	5%
Q8: I know of a friend who is in danger of taking his / her life OR someone who is undergoing stress and problems in life		0	0	301	272	287	226	233	101	376	282	223	160	154	92	1574	1133			
		0%	0%	53%	47%	56%	44%	70%	30%	57%	43%	58%	42%	63%	37%	58%	42%	57%	43%	1%
Q9: I have considered / thought about committing suicide or ending my life		107	517	121	452	92	421	59	275	106	552	86	297	54	192	625	2706			
		17%	83%	21%	79%	18%	82%	18%	82%	16%	84%	22%	78%	22%	78%	19%	81%	17%	83%	2%
Q10: I have attempted suicide before		48	576	59	514	66	447	33	301	47	611	37	346	30	216	320	3011			
		8%	92%	10%	90%	13%	87%	10%	90%	7%	93%	10%	90%	12%	88%	10%	90%	9%	91%	1%
Q11: I have someone I can trust to share my problems		424	200	354	219	402	111	132	202	288	370	176	207	108	138	1884	1447			
		68%	32%	62%	38%	78%	22%	40%	60%	44%	56%	46%	54%	44%	56%	57%	43%	54%	46%	3%
Q12: If I am face with a crisis, I will be able to manage on my own without help		255	369	238	335	232	281	178	156	337	321	188	195	136	110	1564	1767			
		41%	59%	42%	58%	45%	55%	53%	47%	51%	49%	49%	51%	55%	45%	47%	53%	48%	52%	-1%
Q13: I know what stresses me		381	243	378	195	297	216	179	155	354	304	276	107	188	58	2053	1278			
		61%	39%	66%	34%	58%	42%	54%	46%	54%	46%	72%	28%	76%	24%	62%	38%	59%	41%	3%
Q14: I am able to help someone who is going through emotional trauma or someone who is sad or depressed in my school / community:		0	0	0	0	88	425	68	266	150	508	106	277	67	179	479	1655			
		0%	0%	0%	0%	17%	83%	20%	80%	23%	77%	28%	72%	27%	73%	22%	78%	21%	79%	1%
Q15: I know what are the various channels or platforms (such as SOS, CHAT, Thinker Friend etc) if I need to refer for help.		0	0	0	0	211	302	177	157	286	372	207	176	121	125	1002	1132			
		0%	0%	0%	0%	41%	59%	53%	47%	43%	57%	54%	46%	49%	51%	47%	53%	44%	56%	3%
Q16: I would like to be trained as a Happy Ambassador / GateKeeper so that when the need arises, I know what to do.		0	0	0	0	477	36	312	22	603	55	334	49	235	11	1961	173			
		0%	0%	0%	0%	93%	7%	93%	7%	92%	8%	87%	13%	96%	4%	92%	8%	82%	18%	10%
Q17: When I am stressed or am feeling down, I engage myself in meaningful activities such as sports, arts, dances.		467	157	422	151	402	111	267	67	386	272	223	160	147	99	2314	1017	1847	3174	
		75%	25%	74%	26%	78%	22%	80%	20%	59%	41%	58%	42%	60%	40%	69%	31%	68%	32%	1%
Q18: When I am stressed or am feeling down, I engage myself virtual / online gaming		411	213	388	185	436	77	301	33	474	184	287	96	212	34	2509	822	2098	3118	
		66%	34%	68%	32%	85%	15%	90%	10%	72%	28%	75%	25%	86%	14%	75%	25%	74%	26%	1%
Q19: I am prefer to talk to a person virtually / through online platforms to share about my problems / mental health		255	369	303	270	276	237	196	138	345	313	228	155	155	91	1758	1573	1503	2962	
		41%	59%	53%	47%	54%	46%	59%	41%	52%	48%	60%	40%	63%	37%	53%	47%	56%	44%	-3%
Q20: My Future is Worrying and uncertain.		363	261	309	264	298	215	211	123	427	231	274	109	184	62	2066	1265	1703	3070	
		58%	42%	54%	46%	58%	42%	63%	37%	65%	35%	72%	28%	75%	25%	62%	38%	59%	41%	3%